Yeoman Agronomic and food producer company

CATALOG PURE ORGANIC PRODUCTS

www.yeomanagronomics.com



INTRODUCTION

Yeoman Agronomics is dedicated to revolutionizing the food industry in India by offering 100% chemical-free and organically produced foods. Our mission is to promote sustainable farming practices that nurture the environment and enhance the well-being of consumers. By partnering with over 80 farmers' committees, who work closely with us and receive guidance from our experts, we ensure that every product is free from harmful chemicals and rich in natural nutrients. These committees play a crucial role in our operations, helping to implement best practices and maintain high standards in organic farming. Utilizing innovative agricultural techniques and maintaining a strong commitment to transparency and quality, Yeoman Agronomics strives to make healthy, organic food accessible to all, fostering a healthier and more sustainable future for India.

OUR STORY

Yeoman Agronomics embarked on its journey in December 2020 with a vision to transform India's food landscape through organic and sustainable practices. Since its inception, the company has focused on cultivating and providing rare and nutrient-rich food grains such as red rice, green rice, black wheat, and moringa powder.

These unique products not only offer exceptional health benefits but also support biodiversity and traditional farming methods. With a commitment to zero chemical usage, Yeoman Agronomics has rapidly grown, partnering with over 80 farmers' committees to ensure quality and authenticity. Through dedication and innovation, the company continues to pave the way for a healthier and more sustainable future.

OUR PRODUCTS

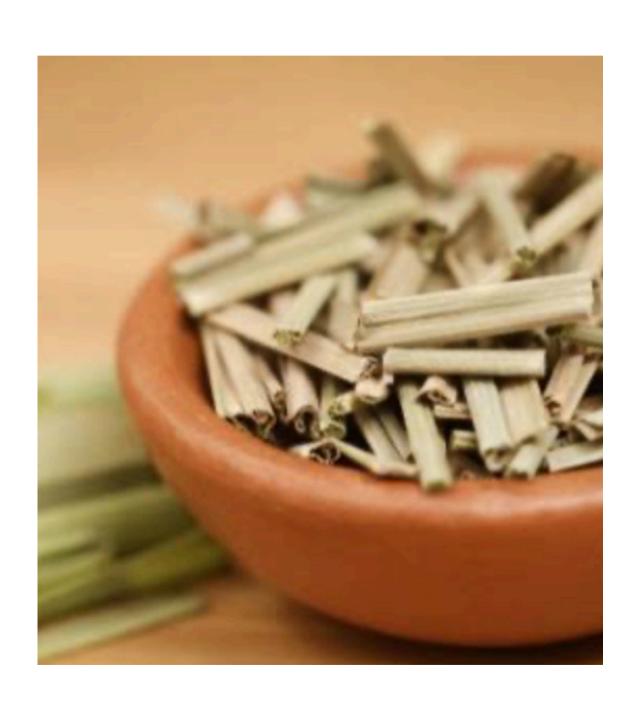
MORINGAPOWDER



Moringa powder provides numerous health benefits, including:

- 1. Rich in Nutrients: Packed with vitamins A, C, E, calcium, potassium, and protein.
- 2. Powerful Antioxidants: Helps reduce oxidative stress and protect cells from damage.
- 3. Anti-Inflammatory Properties: Reduces inflammation, aiding in the management of chronic diseases.
- 4. Supports Heart Health: Lowers cholesterol levels and may reduce blood pressure.
- 5. Boosts Immunity: Strengthens the immune system due to its high nutrient content.
- 6. Improves Digestion: High fiber content aids in digestion and prevents constipation.
- 7. Enhances Skin and Hair Health: Promotes healthy skin and hair through essential vitamins and minerals.

LEMONGRASS



Lemongrass offers a range of health and practical benefits:

- 1. Rich in Antioxidants: Lemongrass contains antioxidants like citral, geraniol, and beta-carotene, which help protect cells from damage caused by free radicals, reducing the risk of chronic diseases.
- 2. Anti-inflammatory and Antibacterial Properties: It has natural anti-inflammatory properties, making it useful in reducing pain and swelling. Additionally, its antibacterial qualities help fight infections and improve immune health.
- 3. Digestive Aid: Lemongrass can help with digestion, relieving bloating, indigestion, and cramps. It stimulates the digestive system and helps cleanse the intestines.
- 4. Promotes Relaxation: The calming aroma of lemongrass is commonly used in aromatherapy to reduce stress, anxiety, and tension. Drinking lemongrass tea may also promote relaxation and better sleep.
- 5. Helps Regulate Cholesterol: Studies suggest that lemongrass can help lower bad cholesterol (LDL) while improving good cholesterol (HDL), potentially reducing the risk of heart disease.
- 6. Detoxifying Agent:Lemongrass tea is a natural diuretic, helping to flush toxins out of the body by promoting urination. This detoxifies the liver and kidneys.
- 7. Supports Weight Loss: Lemongrass may aid in weight loss due to its ability to boost metabolism and promote fat breakdown.
- 8. Skin Health: It has antifungal and antimicrobial properties, which can help in treating acne, reducing oily skin, and maintaining overall skin health.
- 9. Pain Relief: Lemongrass is often used to relieve headaches, muscle pain, and joint pain due to its anti-inflammatory and analgesic effects.
- 10. Repels Insects: Lemongrass essential oil is often used in natural insect repellents due to its strong citronella content, keeping bugs and mosquitoes at bay.

It's used in cooking, herbal teas, and essential oils for both culinary and medicinal purposes.

PURE ORGANIC HONEY

Pure Organic honey extracted from mother nature directly without any added chemicals or any other preservatives



- 1. Rich in Antioxidants: Organic honey contains powerful antioxidants that help protect the body from cell damage.
- 2. Boosts Immunity: It supports the immune system with natural antibacterial properties.
- 3. Improves Digestion: Aids in soothing the digestive system and reducing bloating.
- 4. Promotes Healing: Speeds up the healing of wounds and burns when applied topically.
- 5. Natural Sweetener: A healthier alternative to refined sugar, offering nutrients without added chemicals.

JAGGERY POWDER



Jaggery powder offers several health benefits:

- 1. Rich in Nutrients: Contains essential minerals like iron, magnesium, potassium, and calcium, unlike refined sugar.
- 2. Boosts Immunity: Helps strengthen the immune system due to its antioxidant properties and nutrient content.
- 3. Aids Digestion: Promotes healthy digestion by activating digestive enzymes and helping to prevent constipation.
- 4. Detoxifies the Body: Naturally cleanses the liver by flushing out toxins.
- 5. Regulates Blood Pressure: The potassium and magnesium in jaggery help maintain a healthy balance of electrolytes and control blood pressure.
- 6. Provides Instant Energy:Offers a quick energy boost without causing a rapid spike in blood sugar levels.
- 7. Prevents Anemia: Rich in iron, it helps increase hemoglobin levels and prevent iron-deficiency anemia.
- 8. Improves Respiratory Health: Beneficial for people with respiratory issues, as it helps clear the airways and reduce symptoms of asthma and bronchitis.
- 9. Supports Skin Health:Contains antioxidants that may help fight free radicals and reduce signs of aging.
- 10. Relieves Menstrual Pain: Can help alleviate cramps and regulate hormonal levels during menstruation.

CORIANDER POWDER



Coriander powder offers several health benefits, including:

- 1. Aids Digestion: Helps in relieving indigestion, bloating, and gas.
- 2. Rich in Antioxidants: Protects cells from damage and promotes overall health.
- 3. Regulates Blood Sugar: May help lower blood sugar levels, benefiting people with diabetes.
- 4. Promotes Heart Health: Lowers cholesterol and supports healthy blood pressure.
- 5. Anti-Inflammatory: Helps reduce inflammation in the body, easing symptoms of arthritis and other conditions.
- 6. Supports Skin Health: Has antibacterial properties that may help treat acne and skin irritation.
- 7. Boosts Immunity: Contains essential vitamins and minerals that enhance immune function.

RED RICE



Red rice is highly nutritious and offers a variety of health benefits:

- 1. Rich in Antioxidants: Contains anthocyanins, which help fight free radicals, reduce inflammation, and lower the risk of chronic diseases.
- 2. Heart Health: Helps lower bad cholesterol (LDL) levels, improve circulation, and reduce the risk of heart disease.
- 3. Supports Weight Management: High fiber content promotes satiety, helping to control appetite and manage weight.
- 4. Improves Digestion: The fiber helps prevent constipation, supports gut health, and regulates bowel movements.
- 5. Regulates Blood Sugar: Has a low glycemic index, making it a better choice for those with diabetes or at risk of developing it.
- 6. Boosts Energy: Rich in iron, which helps in maintaining healthy hemoglobin levels and preventing fatigue.
- 7. Enhances Bone Health: Contains magnesium and phosphorus, which are important for maintaining strong bones and teeth.
- 8. Supports Skin Health: The antioxidants and nutrients in red rice can promote healthier skin and reduce signs of aging.
- 9. Gluten-Free: A great option for individuals with gluten intolerance or celiac disease.
- 10. Improves Immunity: Provides essential vitamins and minerals like zinc, which strengthens the immune system.

BLACK RICE



Black rice, also known as forbidden rice, is packed with nutrients and offers numerous health benefits:

- 1. Rich in Antioxidants: High in anthocyanins, which fight free radicals, reduce inflammation, and protect against chronic diseases like heart disease, cancer, and diabetes.
- 2. Promotes Heart Health: Helps reduce bad cholesterol (LDL) levels, improves circulation, and supports overall cardiovascular health.
- 3. Supports Weight Management: High fiber content promotes a feeling of fullness, reducing the risk of overeating and aiding in weight control.
- 4. Improves Digestion: Its fiber helps regulate bowel movements, prevent constipation, and support gut health.
- 5. Regulates Blood Sugar: With a low glycemic index, black rice helps manage blood sugar levels, making it suitable for people with diabetes.
- 6. Boosts Brain Health: Antioxidants in black rice may reduce inflammation in the brain, improving cognitive function and protecting against neurodegenerative diseases.
- 7. Gluten-Free: Suitable for people with gluten intolerance or celiac disease.
- 8. Detoxifies the Body: Black rice contains phytonutrients that help detoxify the liver and support overall detoxification processes in the body.
- 9. Improves Eye Health: Rich in lutein and zeaxanthin, black rice supports eye healt and may reduce the risk of age-related macular degeneration.
- 10. Boosts Immunity: Its high content of vitamins, minerals, and antioxidants strengthens the immune system and helps fight infections.
- 11. Supports Bone Health: Contains essential minerals like phosphorus and magnesium that help maintain strong bones and teeth.
- 12. Improves Skin Health: The antioxidants in black rice help reduce signs of aging, protect skin from damage, and promote a healthy complexion.

BLACK WHEAT



Black wheat offers a wide range of health benefits, making it a highly nutritious alternative to regular wheat:

- 1. High in Antioxidants: Contains anthocyanins, which help fight free radicals, reduce inflammation, and lower the risk of chronic diseases like heart disease and cancer.
- 2. Rich in Fiber: Promotes healthy digestion, prevents constipation, and supports overall gut health.
- 3. Regulates Blood Sugar: Has a lower glycemic index compared to regular wheat, making it suitable for people with diabetes by helping control blood sugar levels.
- 4. Supports Heart Health: Lowers bad cholesterol (LDL) levels and improves blood circulation, reducing the risk of heart disease.
- 5. Aids in Weight Management: The high fiber content helps you feel fuller for longer, reducing the chances of overeating and aiding in weight control.
- 6. Boosts Immunity: Packed with essential nutrients like iron, zinc, and magnesium, which are vital for a healthy immune system.
- 7. Rich in Protein: Contains more protein than regular wheat, supporting muscle growth and repair.
- 8. Improves Eye Health: Contains lutein, which supports eye health and may reduce the risk of age-related vision issues.
- 9. Gluten Content: Black wheat contains less gluten than regular wheat, making it a better option for those with mild gluten sensitivities (though not suitable for people with celiac disease).
- 10. Promotes Skin Health: Antioxidants and nutrients in black wheat may help reduce signs of aging and improve overall skin texture.
- 11. Improves Bone Health: The presence of minerals like magnesium and phosphorus helps maintain strong bones and teeth.
- 12. Boosts Energy: Being rich in B vitamins and iron, black wheat helps combat fatigue and boosts energy levels.

OUR RARE PRODUCTS



Red rice

Red rice is rich in antioxidants, particularly anthocyanins, which help promote heart health by reducing inflammation and lowering cholesterol levels.



Green rice

Rich in antioxidants, particularly chlorophyll, which helps detoxify the body, supports healthy cell functions



Black rice

High in antioxidant content, particularly anthocyanins, which help fight inflammation, protect against heart disease, and may reduce the risk of cancer.



Black wheat

High anthocyanin content, which provides strong antioxidant properties that help reduce inflammation, improve heart health, and lower the risk of chronic diseases.



Turmeric powder

- 1. Powerful Anti-Inflammatory: Curcumin, the active compound in turmeric, helps reduce inflammation in the body.
- 2. Rich in Antioxidants: Fights free radicals and protects cells from damage, promoting overall health.
- 3. Boosts Immunity: Strengthens the immune system and helps the body fight infections.
- 4. Supports Joint Health: Reduces symptoms of arthritis and joint pain by minimizing inflammation.
- 5. Aids Digestion: Helps improve digestion and reduce symptoms like bloating and gas.



Indrayani rice(Hatsadi)

- 1. Rich in Nutrients: Retains more vitamins, minerals, and fiber compared to polished rice, contributing to overall health.
- 2. Supports Digestion: Its high fiber content promotes better digestion and prevents constipation.
- 3. Low Glycemic Index: Helps regulate blood sugar levels, making it suitable for diabetics.
- 4. Boosts Immunity: Unprocessed Indrayani rice contains antioxidants that strengthen the immune system.
- 5. Better Satiety: Keeps you fuller for longer, aiding in weight management and reducing overeating.



Black wheat

- 1. Rich in Fiber: Aids in digestion and helps prevent constipation while promoting gut health.
- 2. Low Glycemic Index: Helps regulate blood sugar levels, making it suitable for people with diabetes.
- 3. Nutrient-Dense: Contains higher amounts of protein, iron, and zinc compared to regular wheat, supporting muscle growth and boosting immunity.
- 4. Weight Management: Its high fiber content keeps you fuller for longer.

OUR MISSION

01 Pure Organic Nation

02 Higher nutrition

03 Sustainability

04 Delivering the purest

05 0% use of chemicals

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